

THE CASE FOR BONDS

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AGENDA

Brief History

Bond Yields' Long Decline

Post-Financial Crisis

Post-COVID

The Pain Trade

The Future

WHY DO INTEREST RATES MOVE?

Interest rates are constantly changing, for various reasons:

- Changes in inflation, or changes in inflation expectations
- Fed policies—including adjustments to Fed funds rate and (more recently) QE
- Demand for credit—e.g., homeowners and businesses may need to borrow \$\$
- Shifting demand and risk preferences among investment options
- Changes in demographics

DISTINCTION: YIELD VS. TOTAL RETURN

Bonds, like stocks, generate total returns through a combo of income and price change

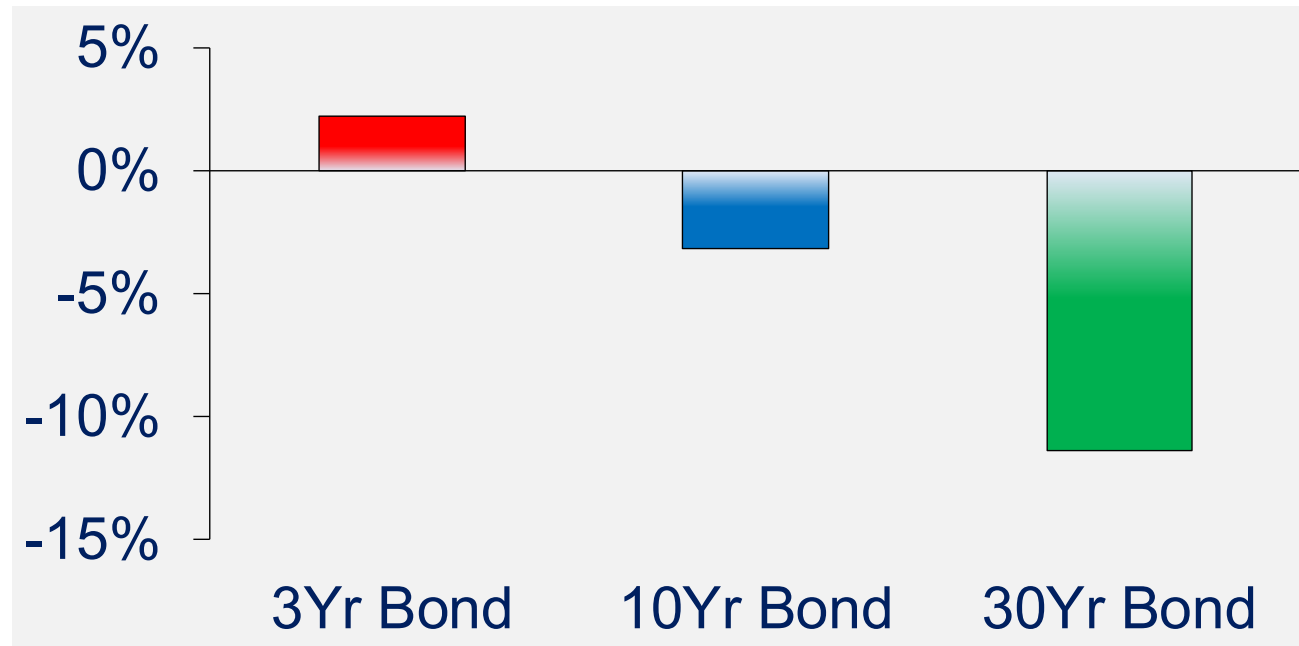
- For stocks, dividends are the income component
- For bonds, coupon provides the income

Yields are related to but not the same as returns

- Yield to maturity is the expected return of a bond from purchase date to maturity
- But bonds are marked to market every minute of every day, same as stocks
- When yields rise, bond prices fall (and vice-versa)
- The longer the bond's maturity/duration, the bumpier the re-pricing

SIMPLE EXAMPLE: BOND RETURNS

“Total return” for bonds due in 3, 10, and 30 years (each with 4% coupon), if rates rise by 1% (over a one year horizon):



Coupon Return =	4.0%	4.0%	4.0%
Price Return =	-1.8%	-7.2%	-15.4%
Total Return =	2.2%	-3.2%	-11.4%

These numbers flip when rates fall!

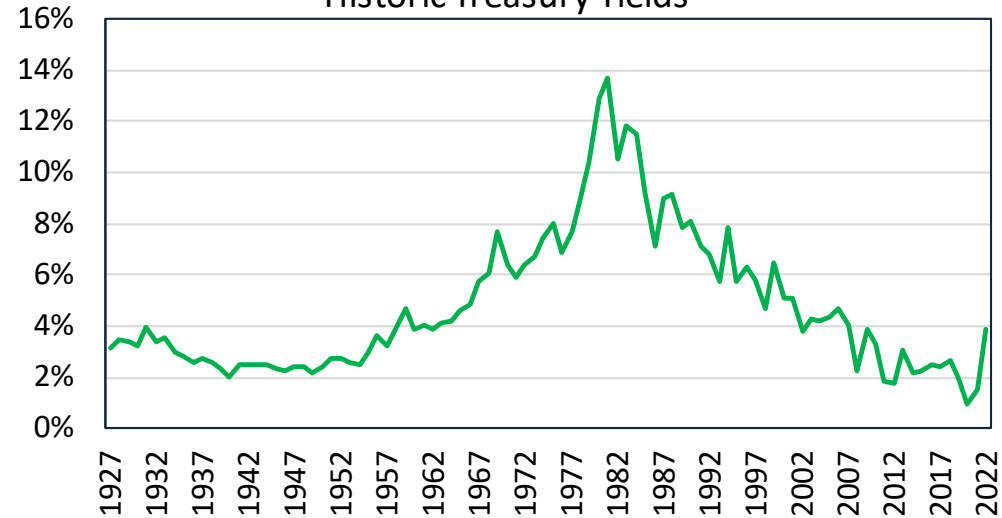
A LONG LOOK BACK...

US interest rates began rising in the 1960's as debt-financed war and "Great Society" spending increased, spurring inflation.

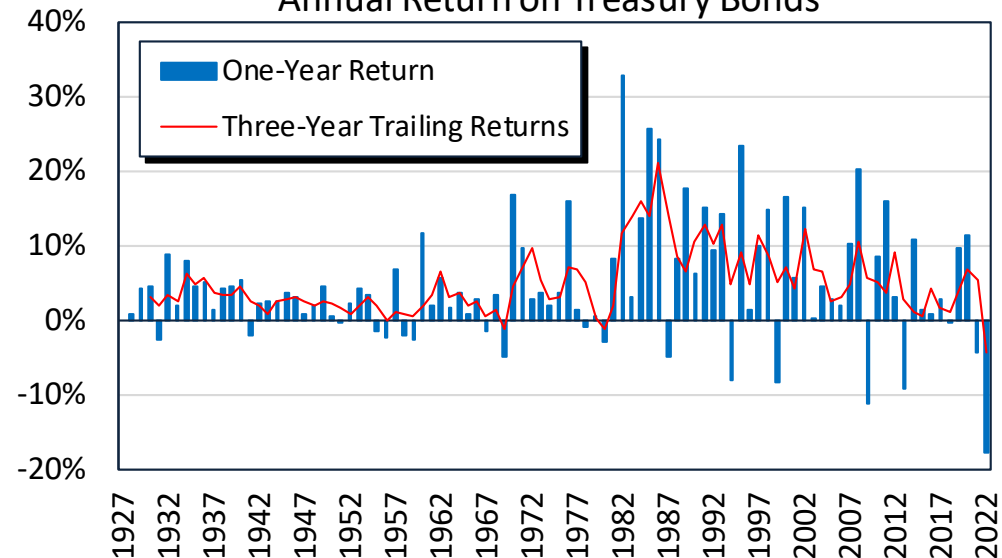
Inflation—and interest rates—peaked in the early 1980's, and began a long trend of falling rates.

Returns were boosted throughout the 1970s due to higher yields—in the bond market, "yield wins over time."

Historic Treasury Yields

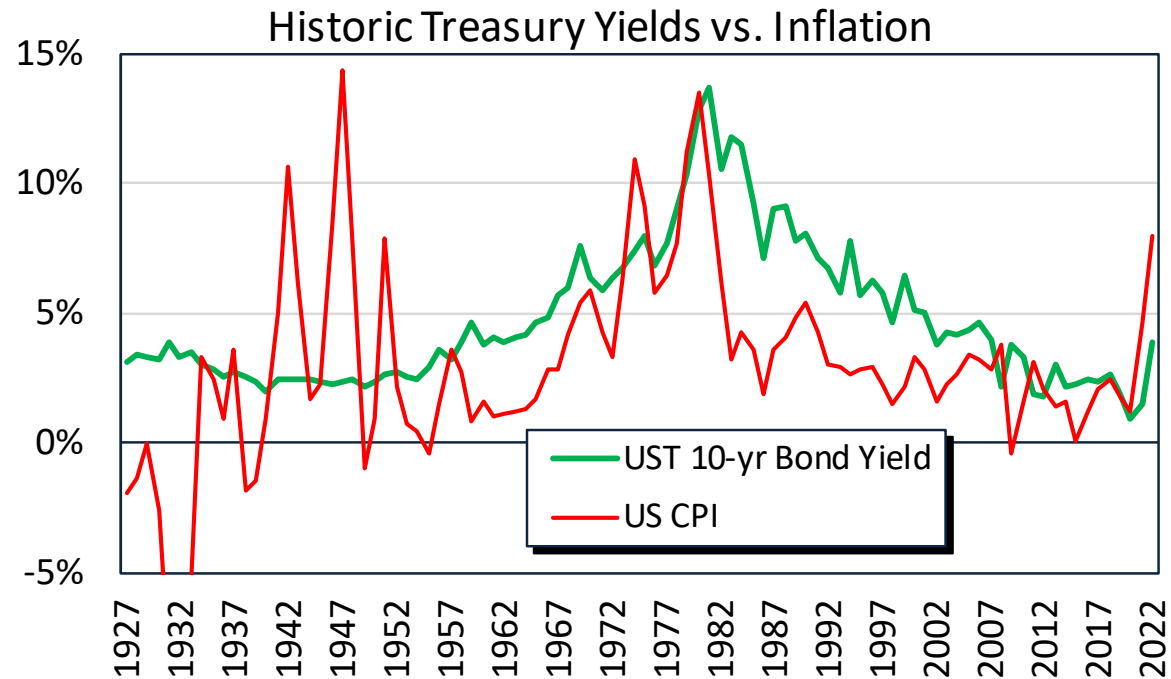


Annual Return on Treasury Bonds



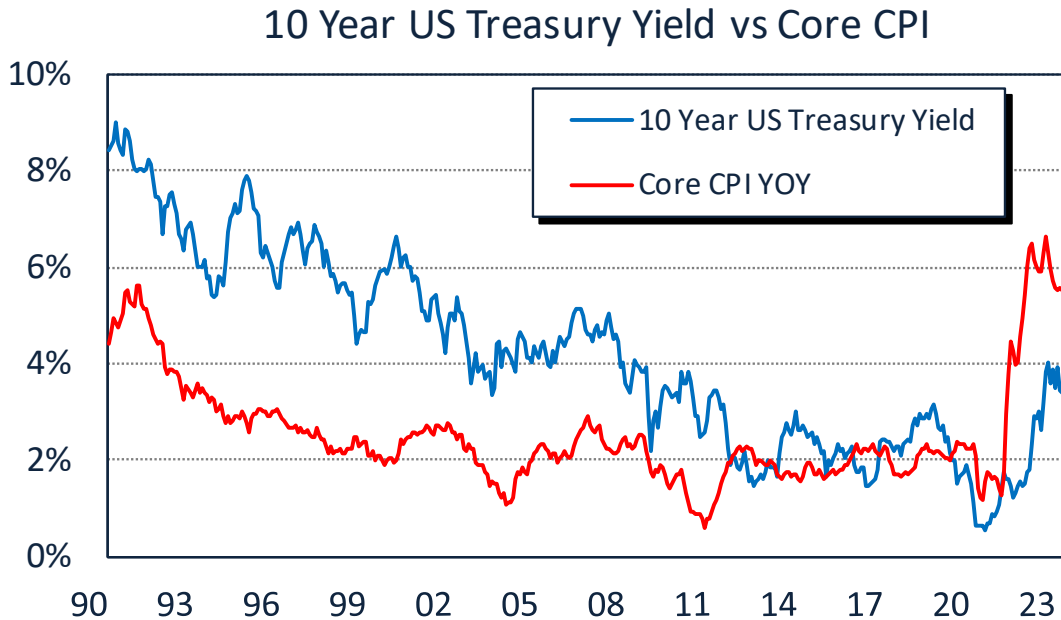
INTEREST RATES AND INFLATION

- Inflation experienced heightened volatility during the Great Depression and through the WWII period
- Interest rates remained suppressed due to strong demand for bonds vs. other assets
 - Stocks were considered to be too risky for many households in the first half of the 20th century
- Inflation pressures rose throughout the 60's and 70's due to heavy spending on Viet Nam war, OPEC price hikes and misguided monetary policies.
- Finally, the Federal Reserve “broke the back” of inflation in 1981, leading to a long decline in the CPI and interest rates



MORE RECENTLY...

- This chart shows why investors were caught off-guard by the sudden upturn in inflation, post-pandemic
- Inflation expectations continued to fall throughout the 90s and into the 2010's
 - In fact, the Fed was forced to put a more expansive “playbook” in place in 2020 (the timing was terrible!)
 - The dreaded “lower bound” of 0% Fed funds rate meant the Fed had to implement QE when rates policies maxed out
 - The Fed’s 2% inflation goal was looking more like a ceiling than a target



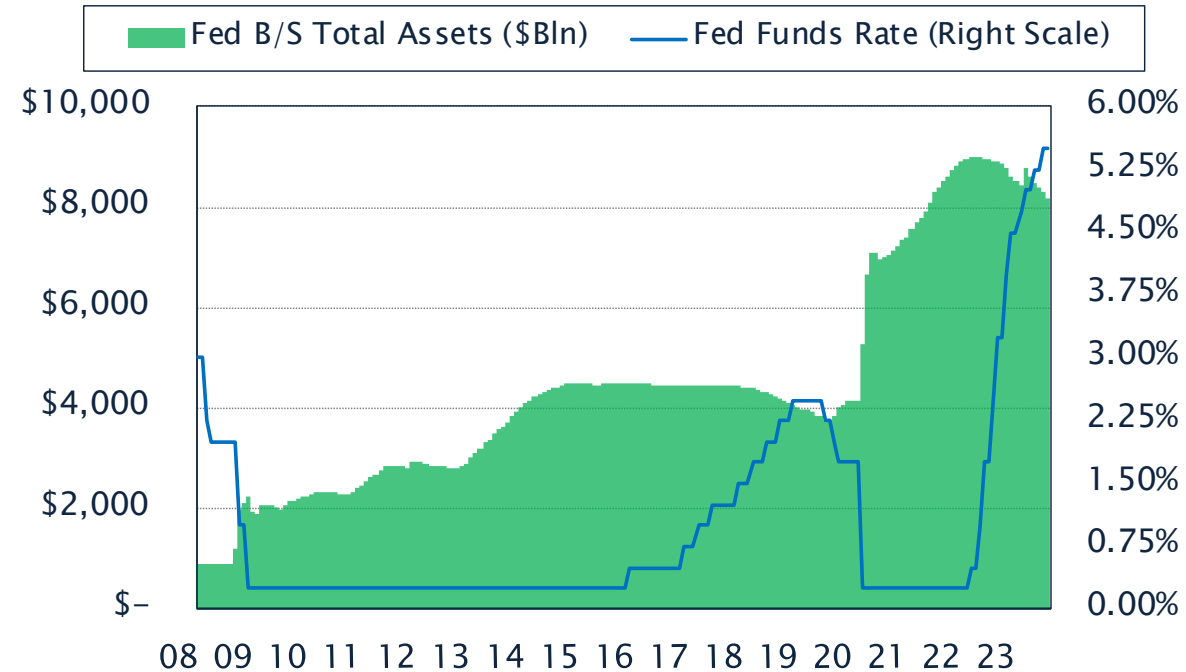
THE FED'S QE PROGRAMS

In the wake of the global financial crisis, the Fed was forced to implement previously-unused policies in order to stimulate the economy

Enter “quantitative easing,” AKA large-scale asset purchases

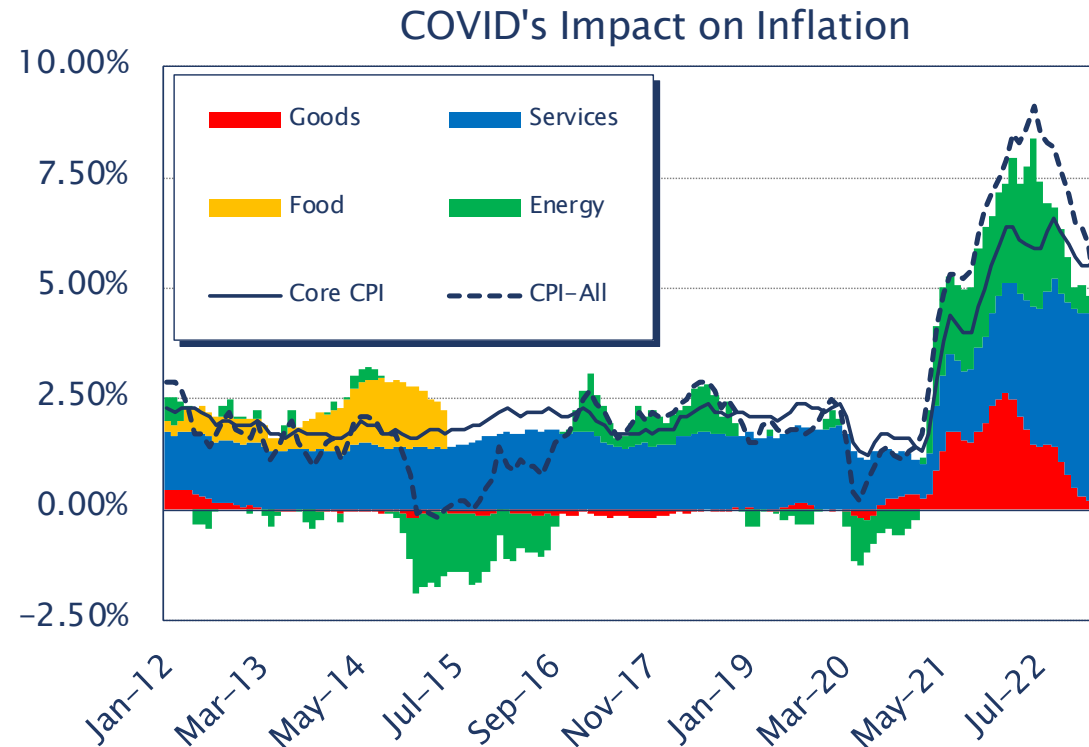
The Fed bought trillions of Treasuries and agency mortgage-backed securities (MBS)

The COVID QE program was even bigger than the GFC QE



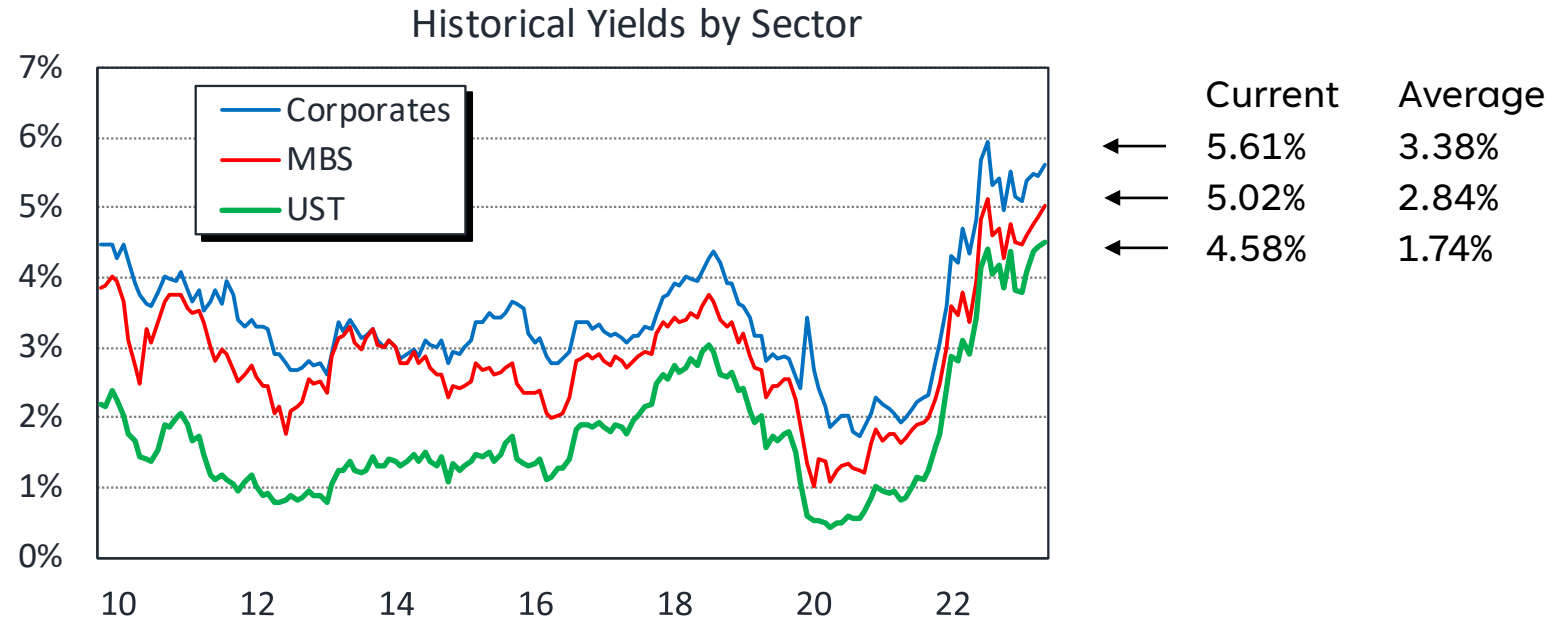
INFLATION MAKES AN UNTIMELY RETURN

- COVID brought inflation back to its highest level in more than four decades
- Initially fueled by supply chain-induced shortages and energy costs
- More recently, spending on service-related items has remained strong, propping up prices in this sector
 - Services represent ~70% of US economy, and prices are far “stickier” than for goods
- This is why the Fed may have to keep the funds rate “higher for longer”



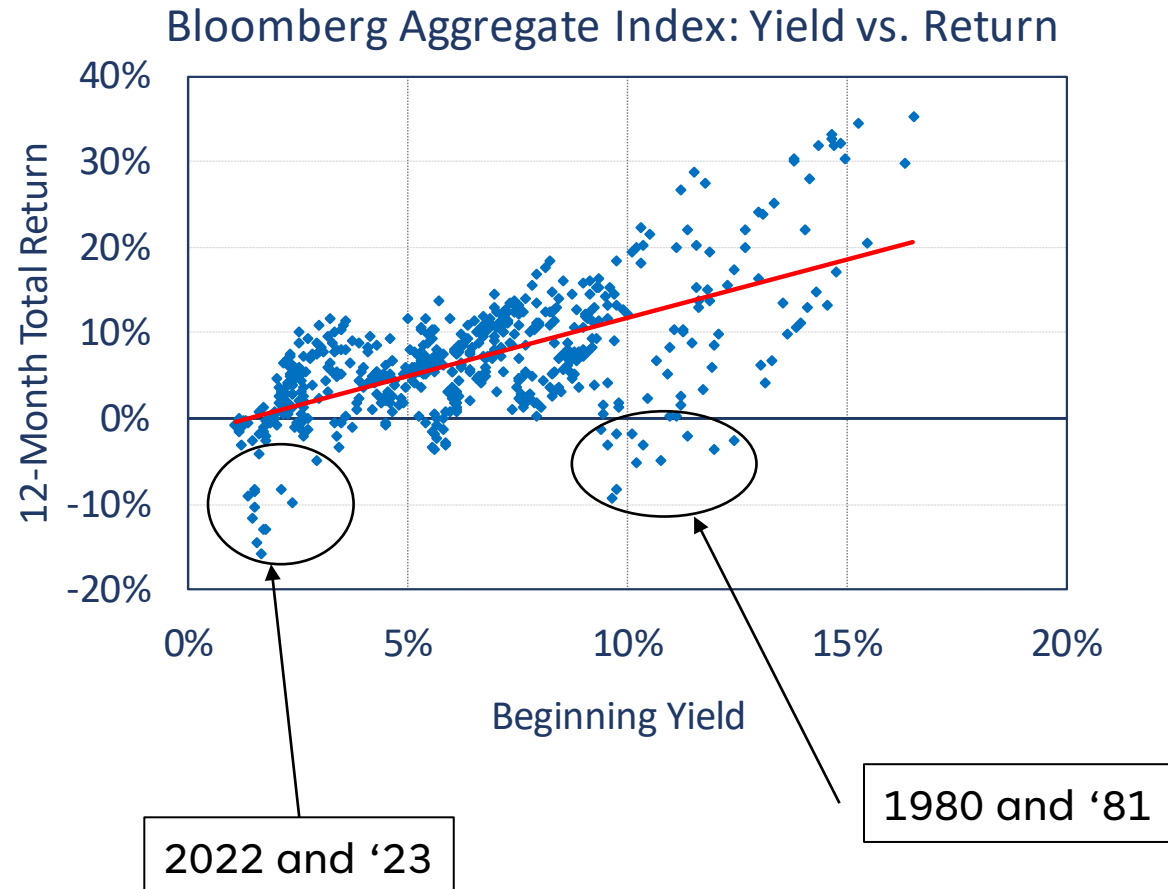
CURRENT YIELD LEVELS

- In the post-GFC world, yields have been held down both by policy and by stubbornly low inflation
- But current yield levels—even Treasury yields—provide a solid basis for portfolio building
- History has shown that yields above 5% have been a good entry point



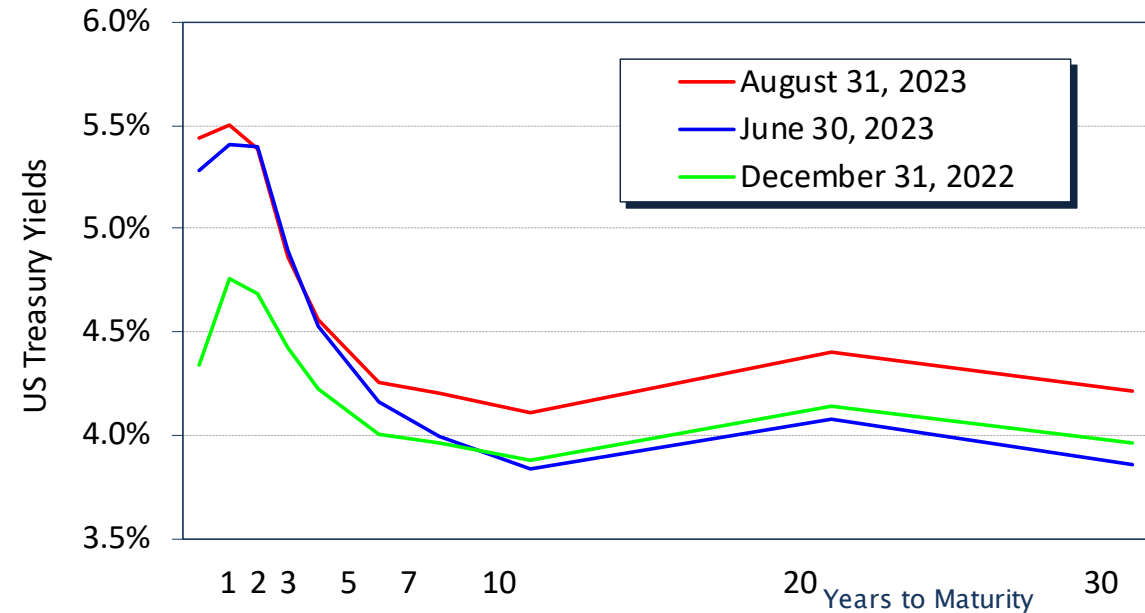
NOW THAT WE'RE AT THESE HIGHER RATE LEVELS...

- The process of moving from low to high rates has been brutal:
- 2022 Aggregate Index return = -13.01%
- The two worst periods of performance in the bond market coincided with inflation spikes.
 - 2022 was far worse, since there was insufficient yield (income) to offset the price declines
- In short, the higher your yield, the better your return prospects are—and vice versa



WHERE ALONG THE YIELD CURVE?

- The current Treasury yield curve is inverted, with short rates above longer rates
 - Very tempting to load up on short maturities
 - Staying short = defensive; little price risk
- But if rates head back down, you forego any price gains
 - And any maturing bonds will have to be invested at lower yields
 - Investors who have suffered over the past couple of years will want to make back those losses



WHICH SECTORS?

Treasuries:

- Benchmark for US investors, ultimate defensive play
- No credit risk; likely to outperform in a severe recession
- Liquidity always there, even in crisis periods

Negatives:

- Lots of supply coming down the pike + ongoing QT
- Potential for more political shenanigans

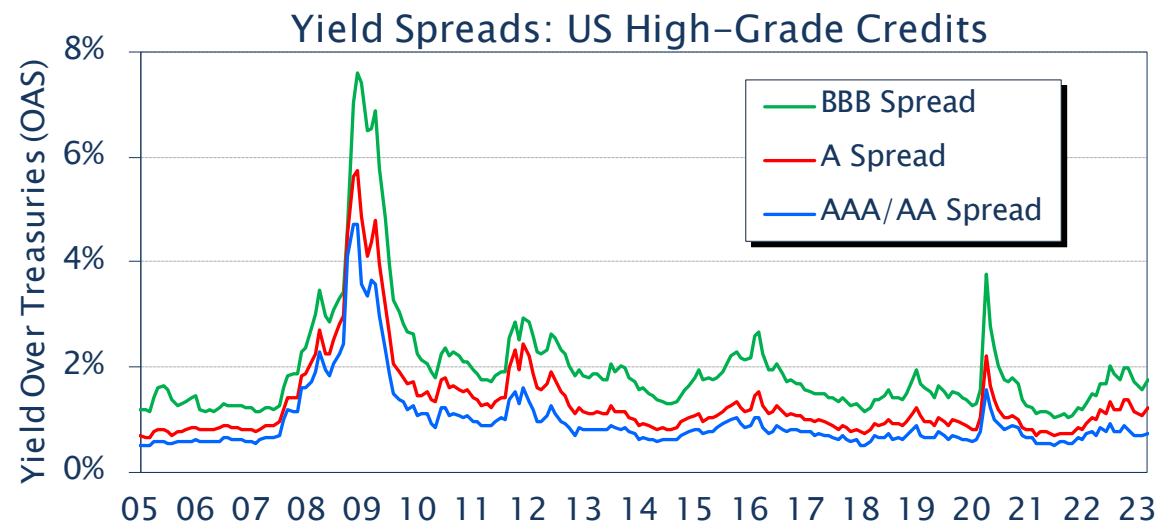
WHICH SECTORS?

High-Grade Corporate Bonds:

- Offer better-than-average yield spread vs. Treasuries currently
- Fundamental credit quality very solid; upgrades > downgrades
- Little appetite for companies to pursue debt-fueled M&A activities

Negatives:

- Will be under pressure in recession; cash flow and profits suffer
- Liquidity can dry up in crisis scenarios



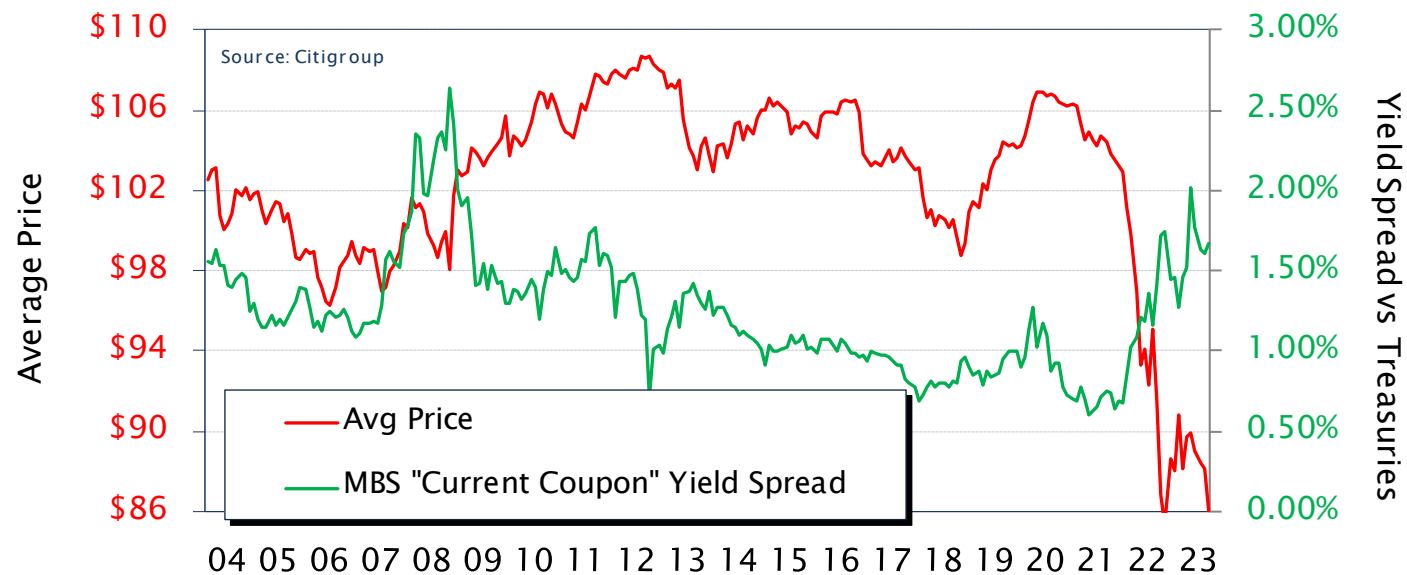
WHICH SECTORS?

US Agency Mortgage-Backed Securities

- Excellent combination of yield and price “headroom”
- US government credit quality; no real credit risk
- New supply is way below normal

Negatives:

- Banks aren't buying now, and no Fed buying
- Duration is a moving target
- Good analytics necessary to manage MBS



SUMMARY

- With yields at multi-year highs, bonds offer the best total return potential in decades
- The Fed's tough monetary policies are bringing inflation down, albeit at a slow pace
- We only need for rates to stabilize—not fall—to achieve good returns
 - But there are excellent capital appreciation opportunities if rates do fall
- Bonds have the potential to outperform stocks, depending on macro conditions
- Biggest risk to bondholders isn't recession, it's inflation moving back up
- The MBS sector is the “sweet spot” among high-grade bond sectors