



# Best Practices to Avoid Fraud

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Florida Pension Plan Trustee Association  
Fall Trustee School

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Presented By: Mark F. Rhein, Managing Director | October 7, 2025

# Today's Topics

Types of Fraud and Fraud Prevention

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## A brief trip down the history of fraud

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The first recorded incident occurred in 300 B.C. Hegestratos, a sea merchant, took out an insurance policy secured by his vessel. A loan was then made using the ship and its cargo as collateral. He drowned when thrown overboard by the crew when they discovered that he was attempting to sink his ship.

- ✓ **FRAUD PREVENTION:** Vigilance can keep very bad things from happening.

Relics were a hot commodity in the Middle Ages, fetching premium prices for bones and body parts of saints and martyrs shown to perform miracles. Great sums were extracted from the multitudes of sick and dying – and those wanting to see a miracle. The widespread practice cooled during the Protestant Revolution, coupled with the observation of John Calvin that if all the relics were brought together every Apostle would have “more than four bodies, and every Saint two or three”.

- ✓ **FRAUD PREVENTION:** Skepticism prevents loss.

Around 1820, Gregor MacGregor, an ex-soldier from Scotland, fabricated a story about the wonderous Caribbean land of Poyais. To back it up, he published a book (under a pseudonym) about the pleasures of life on Poyais, which attracted investors and raised more than \$400 billion in today's dollars. Equipped with bagpipes and kilts, first boats of 250 hearty Scottish highlanders people set sail in 1822 - and landed at a desolate jungle. 150 died.

- ✓ **FRAUD PREVENTION:** If it seems too good to be true...

And we've heard of Bernie Madoff. But the Enron still holds the record.

What is the underlying message? Fraud has been around for a long time. It is insidious and will be here for a long time to come.

Fraud is a form of theft.

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Theft

Taking property without consent.

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Theft is direct while fraud is indirect.



Fraud

Taking of property with misrepresentation.

Think of this as stealing by an employee.

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The bookkeeper

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The trusted employee

## Prevention measures:



### Checks and Balances

Avoid vesting decision making to one person  
Regular review of approval authority – user access and entitlements

### Written Policies and Procedures

Strong internal controls – out of pattern payments  
Second communication channel to validate

### Regular Audits

Strong internal controls – out of pattern payments  
Financial and benefit payment audits

### Segregation of Duties

Divide responsibilities of a specific function  
Review receipts and disbursements

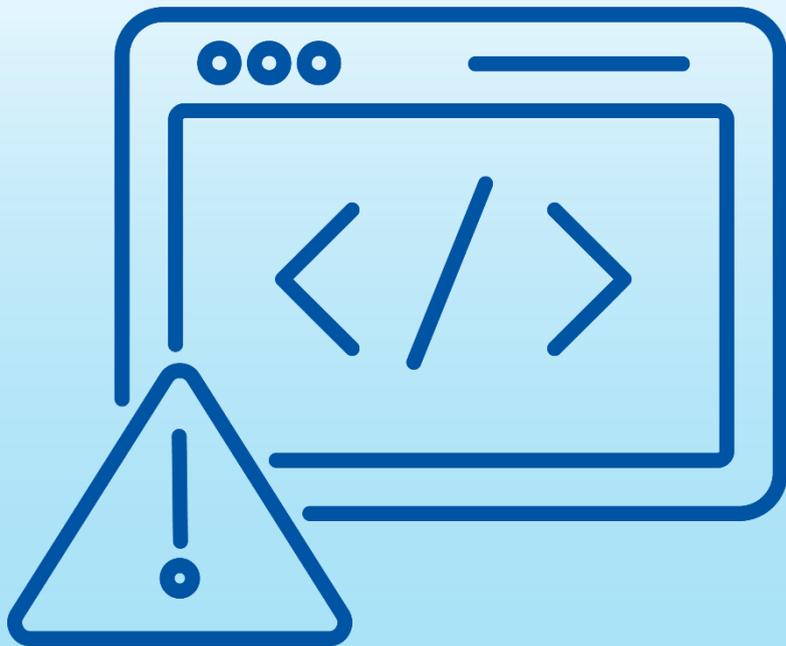
### Approval of Workflows

Dual control for money movement activities  
Builds a case on the use of a third party to pay invoices

### System Integration – Data Analytics

Connectivity between systems  
Detection of anomalous transactions

## Cybercrime



Theft using misrepresentation by electronic means through a computer, network device or a network.

Techniques include email intercepts, pretexting, ransomware, phishing (smishing and vishing) and data breaches.

Examples from Florida:



The administrative assistant



The transfer request

## Prevention Measures:



### Encryption and Secure Protocols

Always use encryption with requests containing PII  
Pension business using a personal mobile phone

### Regular Updates of Software and Patch Management

The last time you were notified of a “software update”?  
Incident response plan

### Pensioner verification

Change of address and deposit accounts  
“Are you still alive?”

### Use Secure Websites

Look for “HTTPS”  
For service providers, review SOC 1 report

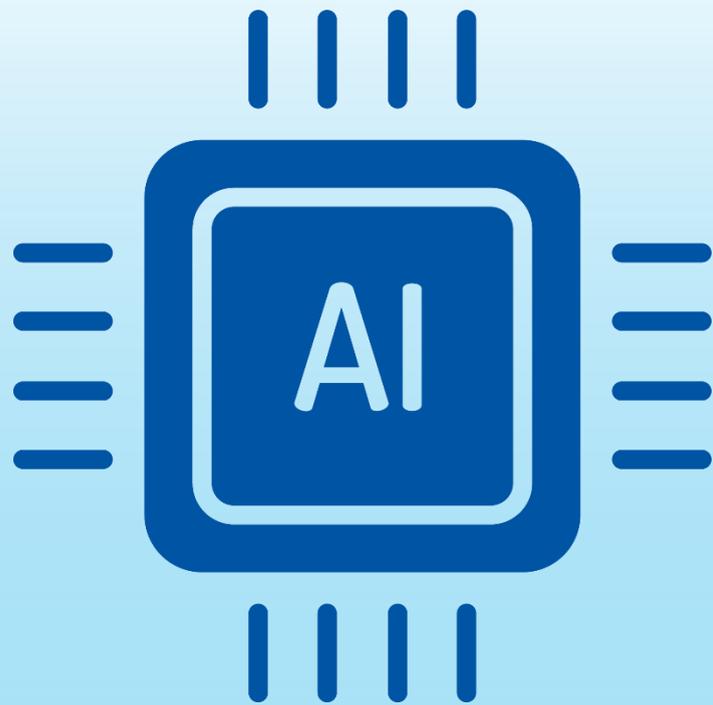
### Firewalls and Intrusion Detection Systems

Hardware vulnerabilities  
Update hardware

### Training and Testing

Test using false requests  
“Scam of the Week”

## Artificial Intelligence



### Advanced memetic capabilities

Uses social media platforms for customized deception  
“Internet of Things” – interconnectedness opens point  
fraud incursions

### Phishing being taken to a new level

Crafting messages that impersonate a real interaction  
Email can show “legitimate” source

### Deepfake technologies to impersonate

Digitally altered interactions  
New opening for ransomware

### What Doesn't Work?

Conventional device checks, two factor authentication  
Biometric authentication

### What Does Work?

Builder AI

But AI is also being used to combat fraud

Thank You

Questions?

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